Give Blood, Save a Life!
Tuesday, October 20 and Wednesday, October 21, 12 - 6 p.m., New York Blood Center Mobile Unit, Brown Annex [BA]

Donating blood is a safe, simple, and satisfying experience. Your donations help give life to the millions of Americans each year who require blood transfusions during surgery, after an accident or because they have a disease that requires blood components. There are many different ways to donate lifesaving blood products, including whole blood, platelet, plasma and automated red cell donation. The process usually takes about 45 - 60 minutes. To prepare, eat at your regular mealtimes and drink plenty of fluids prior to donating. If you are donating platelets, do not take aspirin, or products containing aspirin, for at least 72 hours before your scheduled appointment. You may donate if you are at least 17 years old (16 years old with written consent from parent or legal guardian), weigh at least 110 pounds and are in good health. If you are over age 76, you may donate with a physician's letter of approval. Call 800.688.0900 to have your medical eligibility questions answered. For more information, visit nybloodcenter.org.

Library Workshops
The Library Department is offering workshops that will enhance student success in research for classwork. OCD credit is available to all workshop attendees. This week's workshops will be held in North Hall and Library [NL], Room 210.

Tuesday, October 20, 1 - 2 p.m.
Library Media Resources
Learn how to access the Library's media sources and how to incorporate them into your projects.

Wednesday, October 21, 3 - 4 p.m.
LearningExpressLibrary
Are you planning to major in criminal justice? Do you hope to become a certified teacher some day? This workshop will introduce you to a database that allows users to practice for civil service job exams, strengthen reading, writing and math skills and access the resources needed for continued education and workplace readiness.

Thursday, October 22, 12:30 - 1:30 p.m.
Library Tour and History
The first 20 interested students, faculty and staff are invited to tour the library, explore the library collection and find out how the library can support their research needs. (No one will be admitted 10 minutes after the tour begins.)

MetLife Financial Counseling
Wednesday, October 21, 10 a.m. - 2 p.m., in South Hall [SH], Room 109

Your MetLife representative, Christopher J. Vargas, will be available on-site to discuss your employer-sponsored retirement savings plan. Learn how to enroll, find out about reducing your federal income tax, get your plan questions answered and receive a complimentary financial needs analysis.

Contact Christopher at 631.851.5864 email cvargas@metlife.com.

Active Shooter Training Seminar
Thursday, October 22, 12 - 3 p.m. and Friday, October 23, 1 - 4 p.m., in Brown Center [BC], Room 311A

In response to past and recent tragic events happening on college campuses, the Department of Public Safety is offering ALICE Program Training (Alert-Lockdown-Inform-Counter-Evacuate) to all students, faculty and staff. The three-hour long sessions are designed to give participants insight and response options when encountering an active shooter. This highly effective and “common sense” training has been readily adopted by many educational law enforcement institutions throughout the United States. The training is open to everyone, but we are encouraging faculty and staff to take the time to attend one of the sessions. Hopefully you will never have to use the information you will learn, but if a situation does arise in a classroom or in an office, you will have an idea of what you can do to increase your survivability. To attend a session, please email Sergeant Angel Irizariz at angel.irizariz@bcc.cuny.edu or call 718.289.3684.

C.O.P.E. Career and Internship Fair
Thursday, October 22, 12 - 3 p.m., in Loew Hall [LO], Room 200

All undergraduates and recent alumni are urged to take advantage of this excellent opportunity to learn about career and internship opportunities with top organizations. Employers will be on campus to recruit and interview on-site. Find out about employment, volunteer projects, internships, networking, career exploration and much more! To attend, you must be in business attire (so dress to impress) and you must bring at least 10 copies of your resume. For more information, contact Jonathan Alejo, C.O.P.E. Program Career Specialist at 718.289.5603 or jonathan.alejo@bcc.cuny.edu.
Film: “Sexual Intelligence” (Part 2)  
Thursday, October 22, 12:30 - 1:30 p.m., in Colston Hall [CO], Room 203

“Sex and the City” seductress Kim Cattrall offers a revealing look at the finer points of lust in filmmaker Catherine Annau’s whimsical HBO documentary that aims to widen public understanding of erotic desire. From erotic art to mythology, to sexologists and authors, no topic is taboo as Cattrall takes viewers on a stimulating tour of sexual significance. OCD credit is available for this event.

“Halloween at BCC”  
Friday, October 23, 6 - 9 p.m., on the BCC Campus

The BCC Department of Public Safety and the 46th Precinct of the NYPD invite you and your family to “Halloween at BCC!” Explore our haunted house. Take part in an exciting scavenger hunt. All ages are welcome and costumes are encouraged. All activities are free. For more information, please contact BCC Public Safety Sgt. Ahmed at 646.872.3326, or NYPD Officers Fiol and Rivers at 914.294.2718. Happy Halloween!

CPR/AED Refresher Course  
Tuesday, October 20, 8 a.m. - 12 p.m. and 2 - 6 p.m., in Language Hall [LH], Faculty and Staff Lounge

The Department of Public Safety will be conducting a four-hour refresher course in CPR and AED for those who have had previous training. In addition, on October 23rd we are offering the full eight-hour course for participants that have never had the training. Locations and exact times TBD. If you are interested either in renewing your CPR/AED certification or in becoming certified for the first time, please send an email to Lieutenant Mary Faison-Cobham at mary.faison@bcc.cuny.edu.

Quote of the Week

“Nurture your mind with great thoughts, for you will never go any higher than you think.” Benjamin Disraeli, (1804 – 1881) British Conservative Politician and Writer, who twice served as Prime Minister