“Intimate Partner Violence 101”
Tuesday, October 27, 12 - 2 p.m., in Loew Hall [LO], Room 200

What role do communication, culture and conflict play in relationships? How can I build a safe and supportive relationship? Come explore these questions in an interactive workshop, presented by Sara Gonzalez, Day One and Esther Levy, BCC Office of Personal Counseling. Day One has educated more than 30,000 young people about how to identify and maintain healthy relationships, obtain legal protection when necessary and assist others experiencing abuse. This is the first in a 3-workshop series on relationships. Pre-registration is required, so please call 718.289.5223. OCD credit is available for this workshop.

Student Scholarships
For more information or to download the applications on these and other scholarships, please visit the BCC Scholarship website at: http://www.bcc.cuny.edu/scholarships/?page=Scholarship_of_the_Week

The New York State Black, Puerto Rican, Hispanic & Asian Legislative Caucus City University of New York Scholars Program will provide highly qualified individuals the opportunity to learn by doing in the district offices (in NYC) of state legislators that comprise the membership on the Caucus, while earning up to $2,000. Once selected, participating students will learn firsthand how New York State government serves the needs of diverse communities around the City of New York. Applications and all supporting materials must be submitted to Professor Peter Kolozi in Colston Hall [CO], Room 320. Scholarship deadline is Friday, November 20, 2015. Applications can be downloaded from www.etrinternship.org.

The Critical Languages Scholarship (CLS) provides intensive overseas study in the critical-need foreign languages of Arabic, Azerbaijani, Bangla, Chinese, Hindi, Indonesian, Japanese, Korean, Persian, Punjab, Russian, Turkish, and Urdu. Applicants must be U.S. citizens. The Program is part of a U.S. government effort to dramatically expand the number of Americans studying and mastering critical need foreign languages. Participants are expected to continue their language study beyond the scholarship period and later apply their critical language skills in their future professional careers. Program costs - airfare, tuition, room and board, cultural program expenses, overseas health benefits and applicable visa fees - are fully covered. Participants receive a small stipend to cover incidental expenses and meals not provided by the program. The CLS Program provides undergraduate academic credit through Bryn Mawr College. Scholarship deadline is Monday, November 23, 2015. Complete the application online at https://ais.americancouncils.org/cgi-bin/WebObjects/AIR.woa/wa/login?brand=cls.

Science and Math Majors Transfer Information Session
Tuesday, October 27, 12:30 - 1:30 p.m., in North Hall and Library [NL], Room 141

The Office of Academic and Transfer Resources will host a transfer information session for science and math majors. Dr. Millicent Roth, Deputy Dean of Science for Undergraduates at City College, will speak with students interested in pursuing science and math majors at CCNY. She will discuss the courses that should be completed while at BCC to ensure a smooth transfer and future TAP eligibility. If you have any questions, please contact Edwin Roman at 718.289.5459. OCD credit is available for this event.

What is the Learning Commons?
Open Monday through Friday, 10 a.m. - 8 p.m. and Saturday, 10 a.m. - 2 p.m., in Meister Hall [ME], SB-003

The Learning Commons is home to centralized academic support services, including group, peer and individual tutoring, supplemental instruction and exam review sessions. The Commons is also designed to encourage collaborative learning among students. Study rooms are available with whiteboards to work on group projects or study. Students may opt to find a comfortable spot on one of the many sofas in the Commons to catch up on their reading and studies. The Commons has computers and laptops available for research. Vending machines are also accessible. For information, contact Sahidha Odige, Academic Support Services Manager at 718.289.3139.

Library Workshops
The Library Department is offering a workshop that will enhance student success in research for classwork. OCD credit is available to all workshop attendees. This week’s workshop will be held in North Hall and Library [NL], Room 210.

Tuesday, October 27, 12 - 1 p.m.
Using the BCC Library’s eBook Collection
This workshop will show you how to use your eReader, tablet, smartphone, laptop or computer to access and read ebooks. You will learn where to find them on the Library’s website, how to access ebooks from other libraries and where to find free ebooks.
“Get P$yCh’D for the Arts” Auditions
Thursday, October 29, 9:30 - 11:30 a.m., in Brown Center [BC], Playhouse
Would you like to use your creative abilities for the greater good? The Get P$yCh’D Peer Support & Career Development program is hosting a creative arts performance event on Tuesday, November 17, 12 - 2 p.m. in the Brown Center [BC] Playhouse. With the support of the Office of Personal Counseling, we are working to help destigmatize mental health issues like anxiety and depression and would love for BCC students, faculty and staff to participate. We are looking for poets, dancers and musicians, people willing to share their story to help this event come to life. There are no specific requirements and all are welcomed. Please contact amaly.henriquez@stu.bcc.cuny.edu or raymond.ocasio01@stu.bcc.cuny.edu to register for a brief audition.

C.O.P.E. Workshops
The C.O.P.E. Program (College Opportunity Program to Prepare for Employment) is offering student workshops in Loew Hall [LO], Room 106A. OCD credit is available.

Tuesday, October 27, 1 - 2 p.m.
Communication Ethics & Misconceptions: Communication is the real essence of leadership. There is a big difference between having something to say and having to say something.

Thursday, October 29, 12 - 1 p.m.
Developing Brand “You”: We all have qualities that shape and influence our image in society. Whether we realize it or not, we are all brands! What if we could harness the power of branding to influence our lives?

Thursday, October 29, 1 - 2 p.m.
Domestic Violence: This workshop will focus on raising awareness on the definition and signs of domestic violence.

Quote of the Week
“The art of living lies less in eliminating our troubles than in growing with them.” Bernard Baruch (1870 – 1965), American Financier, Stock Investor, Philanthropist, Statesman, and Political Consultant

This Week@BCC
MONDAY, OCTOBER 26, 2015
1- Study Skills Workshop: Overcoming Procrastination
   1 - 2 p.m., LO 101
2- BCC Women’s Volleyball: CUNYAC Championship
   Time TBA, Away Game @ Hostos CC

TUESDAY, OCTOBER 27, 2015
1- HIV and STD Testing - Free and Confidential
   12 - 3 p.m., LO 101
2- Curriculum Committee Meeting
   2 - 4 p.m., ME 228
3- BCC Men’s Basketball vs. CCNY - Scrimmage
   7 - 9 p.m., Away Game @ CCNY
4- BCC | HPEW Quit Smoking Session
   8 - 9 p.m., LO 321

WEDNESDAY, OCTOBER 28, 2015
1- College P&B Meeting
   9 a.m. - 3 p.m., LH PCR
2- Research Paper Writing Assistance
   12 - 2 p.m. and 4 - 6 p.m., NL 241
3- Wellness Workshop: Anxiety & Stress Reduction
   12:15 - 1:45 p.m., LO 200
4- Committee on Academic Standing Meeting
   2 - 4 p.m., SH Conference Room

THURSDAY, OCTOBER 29, 2015
1- Research Paper Writing Assistance
   12 - 2 p.m. and 4 - 6 p.m., NL 241
2- C.O.P.E. Workshop: Networking Skills
   12 - 2 p.m., LO 200
3- PSC Chapter Meeting
   12 - 2 p.m., ME 228
4- BCC | HPEW Quit Smoking Session
   12:30 - 1:30 p.m., LO 321
5- Resume Writing Workshop
   12:30 - 1:30 p.m., CO 203
6- HIV and STD Testing - Free and Confidential
   4 - 6 p.m., LO 101

FRIDAY, OCTOBER 30, 2015
1- BCC Men’s Basketball vs Berkeley College - Scrimmage
   7 - 9 p.m., Home Game @ Alumni Gym

UPDATE is published by the BCC Office of Communications & Marketing.
Send items to Ms. Debra Isaacs in LH-16 | Fax: 6008 or debra.isaacs@bcc.cuny.edu
by Monday of the preceding week. For information, call ext. 5145.