Exam Anxiety Support Week
Monday, December 7 through Friday, December 11, 12:30 - 1:30 p.m., in Loew Hall [LO], Room 200

Most students experience some level of anxiety during an exam. A little nervousness can actually help motivate us. However, when anxiety affects exam performance it becomes a problem. The Office of Personal Counseling will host Pre-Final Exams Relaxation and Mindfulness workshops. Counselors will be available to offer tips that can help develop good study habits and strategies, manage time wisely and organize study materials. Pre-registration is required, with a maximum of 15 seats per workshop. To register or for more information, call 718.289.5223 or visit Loew Hall [LO], Room 430.

Rainbow Alliance Holiday Sock Drive
Thursday, December 10, 12:30 - 1:30 p.m., in Colston Hall [LH], Room 203

Socks are a simple, basic need. If you’re homeless, you tend to walk a lot! So, it’s essential to keep your feet clean and dry and you need good socks for that. Access to socks and shoes is often limited for homeless youth living in shelters and on the streets. You can help! Simply collect as many pairs of NEW socks as you can and drop them off at one of the Rainbow Alliance meetings, or in Sage Hall [SA], Room 102. Donations will benefit Sylvia’s Place, an emergency shelter for LGBTQIA homeless youth.

TIAA-CREF Financial Counseling
Tuesday, December 8, 9 a.m. - 5 p.m., in South Hall [SH], Room 112B

Let TIAA-CREF help you make financial decisions that are right for you. To schedule an appointment with representative Clement Akintomide, please contact the Field Support Team at 800.732.8353 or 866.843.5640, Monday through Friday, 8 a.m. to 6 p.m. or, visit www.tiaa-cref.org.

Digital Arts Student Exhibit
Wednesday, December 9 - Wednesday, December 16, 10 a.m. - 2 p.m., in Bliss Hall [BL], Hall of Fame Art Gallery

Come see the amazing talent of our students and show them your support! Students in the Digital Arts program will display their work including graphic arts, web design, animation, photography and digital music. Be sure to join them for an artists’ reception on Monday, December 14, 12 - 2 p.m. Light refreshments will be served.

BCC Presents “Handel’s Messiah”
Sunday, December 13, 3 p.m., in Brown Center [BC], Hall of Fame Playhouse

Join us as we proudly continue a campus holiday tradition – “Handel’s Messiah”– featuring conductor Michael Spierman, soloists, the chorus of The Bronx Opera Company, Orchestra of the Bronx and narrators from the Bronx community! Tickets are $15 in advance and $20 at the door. CUNY students with a valid ID and K-12 students will be admitted free. This performance is open to the general public. Free parking is available. To purchase tickets, visit http://goo.gl/wfXrOu

Peer Support | Career Development
Application Deadline is Monday, January 4, 2016

Do you have a passion for mental health, psychology, human services, social work and counseling? Would you like hands-on experience, with career-specific knowledge and tips? The Office of Personal Counseling is now selecting BCC students for a paid Peer Support and Career Development program. To be considered, you must have permission to work in the U.S., make a commitment for a minimum of 2 semesters, have a GPA of at least 2.5, write a statement of interest, present 2 references (one from a BCC faculty member) and be available for a personal interview. Priority will be given to applicants majoring in Psychology or Human Services. Training sessions will be held on Fridays during the spring semester, from 9:30 - 11:30 a.m. Bring your complete application packet to Loew Hall [LO], Room 430. For assistance with the process, call Amy Ojerholm at 718.289.5100, Ext. 3222 or Esther Levy at 718.289.3354.
Library Workshops
The Library Department is offering workshops that will enhance student success in research for classwork. OCD credit is available to all workshop attendees. This week’s workshops will be held in North Hall and Library [NL], Room 210.

Monday, December 7, 2 – 3 p.m. and Wednesday, December 9, 11 a.m. - 12 p.m.
Access Everywhere Cloud Research
Tuesday, December 8, 11 a.m. - 12 p.m.
Apps for Student Success
Tuesday, December 8, 12 – 3 p.m. and Thursday, December 10, 11 a.m. - 12 p.m.
Be a Research Mix Master
Wednesday, December 9, 3 – 4 p.m.
LearningExpressLibrary
Thursday, December 10, 2 – 3 p.m.
Access for Mobile Learning With RSS and Podcasts

Student Scholarships
For more information or to download the applications on these and other scholarships, please visit the BCC Scholarship website at: http://www.bcc.cuny.edu/scholarships/?page=Scholarship_of_the_Week

The Jack Kent Cooke Foundation's Undergraduate Transfer Scholarships ($40,000/year) are awarded to the nation’s top two-year or community college students who have financial need. The Foundation’s mission is to help students of exceptional promise reach their full potential through education. The selection process for these awards is rigorous and highly competitive, with approximately 85 scholarships awarded each year out of hundreds of nominees. For more information and to apply, visit www.jkcf.org. The scholarship deadline is Tuesday, December 15, 2015.

The Barry Goldwater Scholarship and Excellence in Education Program (Up to $7,500) was created to alleviate a critical current and future shortage of highly qualified scientists, mathematicians and engineers. A more realistic statement of the purpose, in today’s terms, is to provide a continuing source of highly qualified individuals to those fields of academic study and research. For more information and to apply, visit https://goldwater.scholarsapply.org/yybull.php. The scholarship deadline is Friday, January 29, 2016.

This Week@BCC
MONDAY, DECEMBER 7, 2015
1- Senate Executive Meeting
2:15 - 3:30 p.m., LH PCR

TUESDAY, DECEMBER 8, 2015
1- HIV and STD Testing - Free and Confidential
12 - 3 p.m., LO 101
2- Research Paper Writing Assistance
12 - 2 p.m. and 4 - 6 p.m., NL 241
3- Committee on Community Relations | Special Events Meeting
12:15 - 1:45 p.m., LH PCR
4- Curriculum Committee Meeting
2 - 4 p.m., ME 228
5- Committee on Instruction and Professional Development (CIPD)
4 - 6 p.m., LH PCR
6- BCC Women and Men’s Basketball vs Rockland CC
5 - 9 p.m., Away Game @ Rockland CC (Double Header)
7- BCC | HPEW Quit Smoking Session
8 - 9 p.m., LO 321

WEDNESDAY, DECEMBER 9, 2015
1- Committee on Academic Standing Meeting
2 - 4 p.m., SH Conference Room

THURSDAY, DECEMBER 10, 2015
1- Research Paper Writing Assistance
12 - 2 p.m. and 4 - 6 p.m., NL 241
2- IOC Meeting
12 - 2 p.m., BC 310
3- Literary Analysis Workshop
12 - 2 p.m., SA 100
4- BCC Seekers Christian Fellowship Meeting
12:15 - 1:40 p.m., BA 207
5- Senate Meeting
12:15 - 1:50 p.m., NI 104
6- BCC | HPEW Quit Smoking Session
12:30 - 1:30 p.m., LO 321
7- BCC Men and Women’s Basketball vs Sullivan CC
5 - 9 p.m., Home Game @ Alumni Gym (Double Header)

SATURDAY, DECEMBER 12, 2015
1- BCC Women and Men’s Basketball vs BMCC
12 - 4 p.m., Away Game @ BMCC

Quote of the Week
“Inspiration follows aspiration.” – Rabindranath Tagore (1861 – 1941), Bengali Polymath Who Reshaped Bengali Literature and Music