Run the Bronx
Saturday, May 3, 10 a.m., Rain or Shine

Bring your family, friends and neighbors and join us for the Bronx Community College 36th Annual Roscoe C. Brown Jr. Hall of Fame 10K, 5K Run & The Michael Steuerman 2-Mile Walk! The race starts and finishes at the college. Race day registration starts at 7:00 a.m. and ends promptly at 9:00 a.m. Race fees are as follows: pre-entry (received by Saturday, April 26, 2014), $25; CUNY students with valid ID and students grades K - 12, FREE; day of race registration, $40 (no special rates on race day). Free parking and baggage check-in on campus. Free tee shirts and post race refreshments will be available for all participants. An award ceremony follows the race at noon, where trophies will be awarded to runners in 1st, 2nd and 3rd place categories. A portion of the proceeds will benefit the Steuerman Scholarship Fund and The David Hernandez Memorial Scholarship. For more information and to register, visit www.bcc.cuny.edu/runthebronx.

Day of Stress Reduction
Friday, May 2, 8:30 a.m. - 4 p.m., at the Wartburg Manor in Mt. Vernon, NY (Reservation deadline is Monday, April 28)

For the 14th year, the Office of Campus Ministry is sponsoring a Day of Stress Reduction, where you can unwind and relax with friends or by yourself! We will leave by van at 8:30 a.m. from the Roscoe Brown Student Center [BC] cafeteria or you can travel using your own transportation. Donation is $15 for faculty and staff and $5 for students. Lunch will be served. For information, please email james.sheehan@bcc.cuny.edu, timothy.sedore@bcc.cuny.edu or call 718.289.5954.

Rad Tech Information Session
Tuesday, April 29, 4 - 6 p.m., in Begrish Hall [BH], Room 228

The Radiologic Technology Program invites you to an Information Session. Enjoy light refreshments and learn about the requirements for admission to the Radiologic Technology Program. See you there!

Sister Circle
Wednesday, April 30, 3 - 5 p.m., in Loew Hall [LO], Room 434

Sister Circle is a program that brings together women at BCC to foster a sense of community and solidarity. Serving as a resource group that is inclusive of ALL students, staff and faculty, the program aims to create a support network that encourages academic, professional and personal growth. Meetings will take place every Wednesday. This week's theme is “Mother/Daughter Relationships: Finding Healing Through Connection.” Join us for fun and stimulating conversation!

ACVM Town Hall Meeting
Wednesday, April 30, 4:30 - 6:30 p.m., in Colston Hall [CO] Lower Level

The Department of Veterans Affairs (VA) Advisory Committee on Minority Veterans invites you to participate in a Veterans Town Hall Meeting to discuss how the VA is serving the needs of minority veterans. Representatives from local Veterans Health Administration, National Cemetery Administration, and Veterans Benefits Administration offices will also be present to answer questions.

May Festival of the Arts
Thursday, May 1, 12- 2 p.m., in Roscoe Brown Student Center [BC] Hall of Fame Playhouse

Don't miss “New Generation” featuring the BCC Dance Workshop and guest artists from Retumba!, a multi-ethnic, all- female music and dance ensemble founded in March 1981 in celebration of Women's History Month. Interweaving traditional rhythms and beautiful ancient melodies with its very own unique interpretation, Retumba! bases its work on the music and dance of Africa, Europe and its expressions in the Americas and the Caribbean - Puerto Rico, Cuba and the Dominican Republic. Presented by BCC's Dance Workshop and the Creative Writing Club.

Film: “Plastic Planet
Thursday, May 1, 12- 2 p.m., in Meister Hall [ME] Auditorium

We live in the Age of Plastic. It’s cheap, it’s practical, and it’s everywhere. It’s even part of us – inside our blood. Should we be worried? Director Werner Boote presents an up-close and personal view of this controversial and fascinating material that has found its way into every facet of our daily lives. He takes us on a journey around the globe, showing that plastics have become a threat for both the environment and human health. This film is a frightening exposé on the dangers of the plastics we use every day, whose continued production threatens our health and our future. Presented by the BCC Department of History.
SHARE Food Distribution
Monday, May 5

SHARE (Self Help and Resource Exchange) is open to all BCC students and the community. For $20 (or less) and two hours of community service, participants receive packages of high quality food worth $35 - $45. May orders must be placed by Monday, May 5. Visit www.sharefoodprogram.org to view the menu selections, click on the “Order Online” button and follow the simple instructions -- or call Dr. Atlaw Belilgne at 718.289.5971. Food distribution will be on campus between May 15 and 17. Bon appetit!

“The Overwhelming”, A BCC Theatre Workshop Production
Wednesday, May 7 at 7:30 p.m.; Thursday, May 8 at 12 p.m. and 7:30 p.m.; Friday May 9 at 7:30 p.m., in Roscoe Brown Student Center [BC] Hall of Fame Playhouse

J.T. Rogers has written a play that is both a brilliantly crafted piece of writing and a tense, suspenseful exploration of one of the great human tragedies of our time. As a middle-aged American academic who desperately needs to publish a book in order to gain tenure, Jack Exley leaps at the chance to go to Rwanda to write about his old college classmate Dr. Joseph Gasana, who has in the intervening years specialized in treating children stricken by AIDS. But when Jack, along with his African-American second wife Linda and his disaffected teenage son Geoffrey, arrive in Kigali in the fall of 1994, they are not only unable to find Joseph, they are unable to find anyone who will even admit to having known the Tutsi doctor. Befriended by both a cynical American diplomat and a perhaps too-helpful Hutu political powerbroker, Jack and his family slowly, then urgently, become enmeshed in the tension, terror, professional risks and personal betrayals that they ultimately realize mark the start of a genocidal war – a horror that they can sense but cannot comprehend or control.

“Quote of the Week

“Start by doing what’s necessary; then do what’s possible, and suddenly you are doing the impossible.” — St. Francis of Assisi (1181 - 1226), Italian Catholic friar and preacher.

This Week@BCC
MONDAY, APRIL 28, 2014
1- Workshop: “Test Taking Strategies”
12:30 - 1:30 p.m. and 5 - 6 p.m., LO 200
2- BCC Men’s Baseball Team vs Globe
3:30 - 5:30 p.m., @ Home, Ohio Field

TUESDAY, APRIL 29, 2014
1- BCC Men’s Baseball Team CUNYAC Championship
Time: TBA, MCU Park, Coney Island
2- CTLT Faculty Workshop: “Softchalk Create”
10 a.m. - 1 p.m., PH B02
3- Free HIV Testing
10:30 a.m. - 2 p.m., LO 101
4- Workshop: “Anxiety & Stress Reduction”
12:30 - 1:30 p.m., LO 200
5- Curriculum Committee Meeting
2 - 4 p.m., NL 122
6- BCC/HPEW Quit Smoking Session
8 - 9 p.m., LO 321

WEDNESDAY, APRIL 30, 2014
1- OCD Workshop: “Beauty, Nature and New York City”
12 - 1:50 p.m., LO 220
2- Workshop: “Conversations about Relationship Violence”
12:30 - 1:30 p.m., LO 200
3- CTLT Faculty Workshop: “An Introduction to WAC”
4 - 5 p.m., PH B02
4- Career & Transfer Panel
5 - 7 p.m., GM Auditorium

THURSDAY, MAY 1, 2014
1- CTLT Faculty Workshop: “How to Scaffold Major Assignments”
10 - 11 a.m., PH B02
2- Library Workshop: “CUNY+ Catalog” (OCD Credit)
12 - 1 p.m., NL 210
2- BCC/HPEW Introductory Quit Smoking Session
12:30 - 1:30 p.m., LO 321
4- Workshop: “Interviewing I”
12:30 - 2 p.m., LO 301
5- Library Workshop: “Library Tour and History” (OCD Credit)
1 - 2 p.m., NL 210

FRIDAY, MAY 2, 2014
1- Workshop: “Job Search Strategies”
2 - 3:30 p.m., LO 319
2- CSE: Climate Change Talk
3 - 4 p.m., Snow House
3- SGA Meeting
4 - 6 p.m., BC 310

UPDATE is published by the BCC Office of Communications & Marketing.
Send items to Ms. Debra Isaacs in Language Hall [LH], Room 16 | Fax 6008 or debra.isaacs@bcc.cuny.edu by Monday of the preceding week. For information, call ext. 5145.