Health education is a rapidly growing field that aims to promote health and prevent diseases in individuals, families and communities. Community health educators work in hospitals, health centers, community agencies, schools, business settings and governmental agencies. Health educators impart information about such health issues as heart disease, diabetes, obesity, stress, reproductive health, dependencies and safety. The School Health Educator is a specialist who teaches and promotes health in any educational facility from pre-kindergarten through college. Public, private and parochial schools, as well as colleges and universities, all require trained health educators. The A.S. degree in Community/School Health Education offers a solid foundation for continuing on towards a baccalaureate degree either at The City University of New York or at other colleges and universities. Upon completion of the 60 credit A.S. degree, students may enter a bachelor's degree program as a third year student or they may seek employment in a community health agency.

Curriculum Coordinator: Professor Mary Lou McNichol

Community/School Health Education Curriculum (Pathways)

60 Credits required for A.S. Degree

Required Core

A. English Composition (6 Credits)
B. Mathematical and Quantitative Reasoning (3 Credits)
C. Life and Physical Sciences ¹
  • BIO 11 General Biology I OR
    BIO 23* Anatomy and Physiology I (4 Credits)

SUBTOTAL 13

Flexible Core

A. World Cultures and Global Issues (3 Credits)
B. U.S. Experience in its Diversity (3 Credits)
C. Creative Expression (3 Credits)
D. Individual and Society (3 Credits)
E. Scientific World ¹
  • CHM 17 Fundamentals of General Chemistry OR
    BIO 24* Anatomy and Physiology II (4 Credits)

REstricted Elective Select one course from Area A-E.** (3 Credits)

SUBTOTAL 19

Specialization Requirements

• CPR 10 Cardiopulmonary Resuscitation OR
WFA 10 Workplace First Aid Training (1 Credit)
• PEA 12 Elementary Hatha Yoga OR
PEA 82 Introduction to Tai Chi Chuan (1 Credit)
• PEA ² Physical Education (1 Credit)
• HLT 91 Critical Issues in Health (2 Credits)
• HLT 94 Human Nutrition (3 Credits)
• Select 2 Courses from the following:
  HLT 90 Health and Aging
  HLT 92 Drugs, Society and Human Behavior
  HLT 93 Human Sexuality
  HLT 96 Health Education for Parenting
  HLT 97 Field Work in Community Health Resources ³
  HLT 89 HIV/AIDS (6 Credits)
• PSY 11 Introduction to Psychology (0-3 Credits)
• SOC 11 Introduction to Sociology (0-3 Credits)
• Restricted Elective (0-6 Credits)

COMM 20 Public Speaking AND PSY 41 Psychology of Infancy and Childhood OR MODERN LANGUAGE 4 (Select two from the same language)
• FREE ELECTIVES (2-11 Credits)

SUBTOTAL 28

¹ The curriculum has obtained a waiver to require its students to take CHM 17 and BIO 11 or the sequence BIO 23-BIO 24 in the Common Core.

** No more than two courses in any discipline or interdisciplinary field.

² Select any physical education course except PEA 12 and PEA 82.

³ Students who are not planning on transferring to a 4 year program in Community Health are encouraged to take this course.

⁴ Choose from a foreign language at the appropriate level. Both courses must be from the same foreign language.

The program articulates with Lehman College’s B.S. in Health Education as well as with SUNY Empire State.