Therapeutic Recreation Specialists are employed in health and human services settings such as hospitals, nursing homes, adult day care facilities, youth agencies, drug treatment centers and homeless shelters. They work with people who have a variety of disabilities and health conditions to improve their leisure time skills and their quality of life.

The program in Therapeutic Recreation consists of four semesters of Liberal Arts education and courses directly related to recreation. The Therapeutic Recreation Associate of Science (A.S.) degree program is a joint degree program with Lehman College’s B.S. program in Recreation Education.

Upon completion of the curriculum at Bronx Community College students will automatically be accepted into Lehman College’s Recreation Education Program. At Lehman, students can continue in the specialization of Therapeutic Recreation or Administration. Upon graduation from Lehman College students in Therapeutic Recreation are eligible to take the National Certification Examination for Certified Therapeutic Recreation Specialist (CTRS) administered by the National Council for Therapeutic Recreation Certification. Students in the administration specialization are employed in public parks and recreation agencies, not-for-profit organizations such as P.A.L. and the YMCA, health and fitness centers, camps and sports associations. Upon graduation from Lehman College, students can sit for the national certifying examination for Certified Leisure Professional (CLP) administered by the National Recreation and Park Association.

Curriculum Coordinator: Professor Jose Acevedo

**Therapeutic Recreation Curriculum (Pathways)**

60 Credits required for A.S. Degree

**Required Core**

A. English Composition (6 Credits)

B. Mathematical and Quantitative Reasoning 1 (3 Credits)

C. Life and Physical Sciences 2
   - BIO 23 Human Anatomy and Physiology I (4 Credits)

**SUBTOTAL 13**

**Flexible Core**

No more than two courses in any discipline or interdisciplinary field.

A. World Cultures and Global Issues (3 Credits)

B. U.S. Experience in its Diversity (3 Credits)

C. Creative Expression (3 Credits)

D. Individual and Society (3 Credits)

E. Scientific World 2
   - BIO 24 Human Anatomy and Physiology II (4 Credits)

**RESTRICTED ELECTIVE Select one course from Flexible Core A-E (3 Credits)**

**SUBTOTAL 19**

**Specialization Requirements**

- CPR 10 Cardiopulmonary Resuscitation OR WFA 10 Workplace First Aid Training (1 Credit)
- REC 93 Introduction to Therapeutic Recreation (3 Credits)
- REC 94 Recreation: Historical and Philosophical Perspective (3 Credits)
- REC 95 Program Planning and Leadership in Recreation (3 Credits)
- PEA 51 Stress Management (2 Credits)
- HLT 91 Critical Issues in Health (2 Credits)
- HLT 99 Health of the Nation (2 Credits)
- HCM 11 The U.S. Health Care Delivery System (3 Credits)
- PEA Select any Course (1 Credit)
- PSY 11 Introduction to Psychology 3 (0-3 Credits)
- **RESTRICTED ELECTIVES** 4 (3 Credits)
- **FREE ELECTIVES** (2-5 Credits)

**SUBTOTAL 28**

1 Students in this curriculum are strongly advised to take MTH 23

2 This program has received a waiver to require STEM variant courses to fulfill. Required Core B and Flexible Core requirements.

3 If this course satisfies a flexible core area, free electives may be taken.

4 Select from REC 96, any 3 credit HLT, or PEA courses totaling 3 credits