LIBERAL ARTS AND SCIENCES

Associate in Arts Degree | Transfer Degree | Department of Social Sciences

Program Description

Liberal Arts and Sciences: Psychology Option

The Liberal Arts and Sciences curriculum prepares a student to be an accomplished and productive human being. A liberal arts degree opens doors to the professions and to rewarding and responsible careers. Future physicians, teachers, scientists, lawyers and businessmen, for example, develop themselves as well-rounded individuals, in addition to completing their pre-professional work. The academic experiences in liberal arts and sciences provide the foundation for later specialization, graduate study and professional school. The Psychology Option offers a greater degree of specialization.

Learning outcomes

Upon successful completion of the Liberal Arts and Sciences program requirements, students will be able to:

1. Demonstrate a broad knowledge base from the humanities, social sciences and natural sciences.
2. Evaluate and analyze a range of artistic, historical, literary and philosophical works.
3. Examine the formation of individual and group behavior, and social institutions and processes.
4. Develop an ability and a cultural context for communication in a language other than English.
5. Communicate effectively through written and oral forms.
6. Demonstrate informed critical thinking.
7. Engage in quantitative reasoning and scientific inquiry.
8. Demonstrate an awareness of diverse cultures.

Upon successful completion of the Psychology Option requirements, students will be able to:

1. Apply critical thinking through a psychological lens; this includes evaluating fact-based evidence, engaging in inductive and deductive reasoning, identifying and considering multiple points of view, and applying these processes to problem-solving.
2. Demonstrate understanding of basic and advanced psychological theories, principles, and concepts in the areas of human development, social interaction, psychopathology, cognition, and biological roots of behavior.
3. Explore connections between published research findings and their real-world applications, allowing students to apply psychological concepts to their own lives and experiences.
4. Evaluate hypotheses, research designs, research findings, theories, and research ethics, allowing students to not only understand the nature of psychological research, but to also become informed media consumers and apply scientific understanding to media reports about psychology.
5. Apply psychological concepts and principles to understanding social, political, and cultural phenomena, including but not limited to race, ethnicity, gender, sexual orientation, and disability.

LIBERAL ARTS AND SCIENCES CURRICULUM (PATHWAYS)

60 Credits required for AA Degree

Curriculum Coordinator: Dr. Rafael Mendez

Required Core

A. **English Composition** (6 Credits)

B. **Mathematical and Quantitative Reasoning** (3 Credits)

C. **Life and Physical Sciences**[1] (3-4 Credits)

SUBTOTAL 12-13

Flexible Core

A. **World Cultures and Global Issues** (6 Credits)

B. **U.S. Experience in its Diversity** (3 Credits)

C. **Creative Expression** (3 Credits)

D. **Individual and Society** (3 Credits)

E. **Scientific World** (3 Credits)

SUBTOTAL 18

Major Requirements

NOTE: Students will complete a minimum of six credits of these requirements within the Flexible Core. Transfer students who have completed Common Core requirements at a previous institution will not be required to complete credits in excess of the 60 credit requirement.

- **ART** and **MUSIC**
  ART 11 Introduction to Art History *OR*
  ART 12 Introduction to Art History: Africa, the Americas, Asia and the Middle East *OR*
  MUS 11 Introduction to Music *OR*
  MUS 12 Introduction to Music: A Multi-Cultural Survey of World Music (0-3 Credits)
- **COMMUNICATIONS COMM, THEA, FILM, MEST** (0-3 Credits)
- **ENGLISH**[2] (0-3 Credits)
- **HISTORY** Select ONE from **HIS, GEO, PHL** (0-3 Credits)
- **MODERN LANGUAGES** Select TWO from the same language at the appropriate level (0-6 Credits)
- **SOCIAL SCIENCE** Select ONE from **ANT, CRJ, ECO, HSC, POL, SOC** (0-3 Credits)

Additional Major Requirements

- **Free Electives** (0-10 Credits)
- **PEA** Physical Education *OR*
  HLT 91 Critical Issues in Health (1-2 Credits)
- **Science Lab**[1] Science Laboratory (0-1 Credit)

Psychology Option Requirements

- **PSY 11** Introduction to Psychology (0-3 Credits)
- **PSYCHOLOGY** Choose any THREE from **PSY 22, PSY 23, PSY 27, PSY 31, PSY 35, PSY 40, PSY 41, PSY 42, PSY 43, PSY 44, PSY 51, PSY 71, PSY 72** (9 Credits)

SUBTOTAL: 29-30

[1] Students may select either a 4-credit STEM variant science course or a 3-credit science course to fulfill Required Core C. Students selecting a 3-credit course must also complete an additional 1-credit lab course to fulfill graduation requirements.

[2] Choose any ENG course from ENG 120-199.

NOTE: The Psychology Option articulates with Lehman College, The College of New Rochelle, SUNY Stony Brook and SUNY Empire State. Visit the Transfer Planning website for more information.