

**Health, Physical Education and Recreation  
Annual Report FY 2016-2017**

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**1. Enrollment, Retention, and Graduation (Goal 2: Empower Students to Succeed)**

Table 1 displays our enrollment trends for the past 5 years. We are thrilled that our two new programs, Exercise Science & Kinesiology and Public Health A.S. Degrees, have taken off so well. Both programs started in Fall 2016 and have very healthy enrollments as of Spring 2017. As we are phasing out the Community/School Health Education Program, we are seeing an appropriate drop in enrollment as students are either graduating or switching into the Public Health program.

Table 2 displays graduation yield based on enrollment from 2012 to 2016. Our programs demonstrate a very high rate of graduates compared to enrollment. According to Dr. Nancy Ritze, Dean of Institutional Research, "if a community college had an equal distribution of students at each level (lower freshmen, upper freshmen, lower sophomores, upper sophomores) – you might expect to have the ratio of graduated to enrolled students to be about 25%". As our total enrollment has remained fairly steady, this also means that students are regularly enrolling in our programs.

The Community Health Certificate Program has not gotten off the ground. The Chairperson has spoken to the SVP for Academic Affairs regarding difficulties in recruitment. The plan will be to move the program over to Workforce Development or phase it out during 2017-2018.

Table 1: Graduation Trends from 2012-2017

Program	Enrollment Fall 2012	Enrollment Fall 2013	Enrollment Fall 2014	Enrollment Fall 2015	Enrollment Fall 2016	Enrollment Spring 2017
C/SHE	117	112	107	105	68	46
D&N	349	338	322	378	391	398
TR	118	101	112	143	99	95
CH Cert	N/A	N/A	N/A	0	4	3
ExSc	N/A	N/A	N/A	N/A	11	40
PH	N/A	N/A	N/A	N/A	22	50
<b>TOTAL</b>	<b>584</b>	<b>551</b>	<b>541</b>	<b>627</b>	<b>595</b>	<b>632</b>
	Graduation 2011-2012	Graduation 2012-2013	Graduates 2013-2014	Graduates 2014-2015	Graduates 2015-2016	Expected 2016-2017
C/SHE	32	37	38	22	12	30
D&N	48	85	95	78	82	158
TR	17	11	16	27	27	36
CH Cert	N/A	N/A	N/A	N/A	0	1
ExSc	N/A	N/A	N/A	N/A	0	
PH	N/A	N/A	N/A	N/A	0	4
<b>TOTAL</b>	<b>97</b>	<b>133</b>	<b>149</b>	<b>127</b>	<b>121</b>	<b>229</b>

Table 2: Ratio of Graduates to Enrollment 2012- 2016 (number of graduates/enrollment = % yield)

	Graduation 2011-2012/ % yield	Graduation 2012-2013/ % yield	Graduates 2013-2014/ % yield	Graduates 2014-2015/ % yield	Graduates 2015-2016/ % yield
C/SHE	32 / 27%	37 / 33%	38 / 36%	22 / 21%	12 / 18%
D&N	48 / 14%	85 / 25%	95 / 30%	78 / 21%	82 / 21%
TR	17 / 14%	11 / 11%	16 / 14%	27 / 19%	27 / 27%

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Annual Report FY 2016-2017**

**2. Student Retention Initiatives (Goal 2: Empower Students to Succeed)**

- At-risk Students: We worked closely with our Success Coach, Rosa Velasquez, to provide assistance for our at-risk students. Rosa tried to organize specific cohorts of students by program, who were enrolled in remedial MTH and ENG to go to the tutor center together. This proved difficult based on varied student schedules so individual referrals were given. In addition, students enrolled in BIO 23 for Summer 2016, Fall 2016 and Spring 2017 were encouraged to enroll in the on-line BIO 23 prep course (data not available yet).
- Outreach/Information Sessions:  
Career information sessions for HPER students (total= 3)  
Information sessions for ASAP, CLIP (2), Academic Success Center, Future Now (total = 5)  
Other: participated in new student orientation, attended admissions event  
Tabling Events: in RBSC (total = 6), and health professions panel tabling
- HPER Tutor Center (Loew 310)  
Fall 2016 – 3 tutors served 310 students  
Spring 2017 – 2 tutors served 290 students

**3. Student Highlights**

- None

**4. Department Initiatives (Goal 2: Empower Students to Succeed)**

- BCC/HPER Tobacco-Free Program: 176 individuals participated in quit smoking sessions; 90 individuals participated in Earth Day quite smoking programs; 4,200 cigarette butts were picked up by students in the drug dependency class on campus and in the surrounding areas of campus entrances (Fall 2016).
- Seventeen Days pregnancy prevention program: the video based program was implemented in several of the HLT 91 classes in the Fall 2016 semester, which was very successful. Clinic staff from Young Adult and Adolescent Health Center from Morris Heights presented in six of our health classes. We had hoped for wide-spread implementation in the Spring 2017 semester, but there were complications related to age restrictions and cost of individual log-on codes. However, we were able to successfully re-locate this program over to Student Success starting in the Fall 2017 semester.
- Johnny Miranda Scholarship Fund: collected \$3,114.00

**5. Faculty Scholarship/Creative Works (Goal 7: Promote a Reputation for Excellence)**

Published Articles/Book Chapters:

- **Acevedo, J.** (2017). Survivor Fitness: An Exercise Program for Young Survivors and Patients with Cancer, *Clinical Journal of Oncology Nursing*, 21.
- **Heller, J.R. & Sarmiento, A. L.** (2016). Health behaviors of culturally diverse inner city community college students. *Journal of American College Health*, 64, 651-663.
- **Lysniak, U., & Bernstein, E.** (2016). Seas of separation: Transforming the digital divide. In **D. Novak, B. Antala, & D. Kamenaric** (Eds.), *Physical Education and New Technologies* (pp.123-129). Poreč, Croatia: Croatian Kinesiology Association. ISBN: 978-953-7965-05-1
- **Schwartz, S.** and **Juechter, J.** (2016). College in prison works. *Huffington Post Editorial*, 11/1/16.

Conference Presentations:

- **Cooper, K.** (2017, April). Globalism: Student retention and academic success through cultural games and activities, Presentation at the annual Bronx Community College Conference on Community College Excellence, Bronx, NY.

## Health, Physical Education and Recreation Annual Report FY 2016-2017

- **Lysniak, U.** (2016, June). Creating constructivist relevant kinesiology programs and courses for community college students. Presentation at the Association Internationale des Écoles Supérieures d'Éducation Physique (AIESEP) International Conference, Laramie, WY.
- **Lysniak, U.** (2017, March). Best practices: The pursuit of skill equity in physical education. Paper presented at the annual Tri-State Best Practices Conference, Meadowlands, NJ.
- Miller, M., **Lysniak, U.**, Donica, J., & Liachovitzky, C. (2017, January). Z-degree takes flight: Inclusion, equity, and intersectionality to advance Open Educational Resources at Bronx Community College. Presentation at the annual Bronx Community College Faculty Day, Bronx, NY.
- Miller, M., **Lysniak, U.**, Donica, J., & Liachovitzky, C. (2017, April). Rejuvenating course content and reducing students' costs: OERs at Bronx Community College. Presentation at the annual Bronx Community College Conference on Community College Excellence, Bronx, NY.
- **Reader S. & Aleong C.** (2017, March-April). Integrating Inner-City Community College Students into a School Based Health Promotion Program. Presentation at the Society for Public Health Educators Annual Meeting, Denver Co.,
- **Reader S., Gruttadauria E., King V. Atamturktur S.** (2017, March). Creating a Health Professions Pipeline Program at an Urban Community College: Lessons Learned during the Pilot Year. Presentation at the Tri-State Best Practices Conference, Issues of Equity in Higher Education, Lyndhurst, NJ.

### Dance Performances/Choreography

- Kelvin **Cooper**: Choreography for Black History event at BCC Feb 23rd, 2017.
- Kelvin **Cooper**: Choreography and performance "Umoja Pathway" for BCC annual Dance Concert, June 8th, 2017
- Kelvin **Cooper**: Performance at NYU faculty dance concert "Shout" choreographed by Pat Cohen. April 14th, 15th, 2017
- Suzan **Moss**: Performed at the Bandshell in Central Park in choreography by Carlos Konig, June 24, 2016

### Faculty Honors

- Kelvin **Cooper** honored at BCC with the Excellence in Leadership Award as Club Advisor, 2017
- Ulana **Lysniak** honored at Salute to Scholars Reception, CUNY Graduate Center. (2016). University-wide recipients of major awards and fellowships. Honoree at CUNY's Annual Reception Honoring Faculty Award and Grant Recipients (Fédération Internationale D'Éducation Physique Assistant Delegate, representing USA)
- Ulana **Lysniak** honored at Salute to Strong Women. (2016). Honored at Forest Hills Stadium (New York Empire Game), Queens, New York.

## **6. Grants Pursued/Awarded (Goal 7: Promote a Reputation for Excellence)**

### Grants Awarded

- Atamturktur S., Hizmetli H., **Reader S.**, Simpson C. (2017). Career Pathway for Success. Presidential Grant, Bronx Community College. Grant amount received: \$6,000.
- **Lysniak, U., Reader, S., Broughton, L., Atamturktur, S., & Amowitz, L.** (2017). Circulate As A Blood Cell: Flipped Classroom and Heart Walk Through Illustration Model. Presidential Grant, Bronx Community College. Grant amount received: \$12,624.50.

### Grants Pursued/Not Awarded

- **Lysniak, U.** Diversity Projects Diversity Fund (DPDF). Project Title: Exploring minority community college students physical education experiences to develop culturally relevant activities. Grant Amount Requested: \$3517.99.
- **Lysniak, U.** Bronx Community College Foundation Grant. Project Title: Creating constructivist relevant kinesiology programs and courses for community college students, at the Association Internationale des Écoles Supérieures d'Éducation Physique (AIESEP) International Conference, Laramie, WY. Grant Amount Requested: \$500.

**Health, Physical Education and Recreation  
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<p><b>7. Faculty Participation in College-wide/University Wide Professional Development</b> (Goal 1: Build a Community of Excellence)</p> <ul style="list-style-type: none"><li>• <u>College-wide</u>: BCC 4<sup>th</sup> Annual Winter Conference, BCC 5<sup>th</sup> Annual Faculty Day, BCC Academic Advisement Boot Camp.</li><li>• <u>University-wide</u>: CUNY Black Male Initiative; CUNY Community College Research Program, Faculty Development Workshop. John Jay College of Criminal Justice 1/2017; CUNY Institute for Health Equity Annual Conference: Equity Now at Lehman College. 5/2017.</li><li>• <u>Department-wide</u>: Adjunct Training in August 2016 (14 participants), CPR Training in January 2017 (8 participants).</li></ul>
<p><b>8. Description of Linkages/Collaboration with Other Departments, Institutions or External Agencies</b> (Goal 4: Develop World Citizens)</p> <ul style="list-style-type: none"><li>• <u>BCC Collaboration</u>: Workshop with <b>CLIP</b> to teach dance forms of 1920 and 1930s on April 3rd, 2017; <b>Academy for Transitions to Health Professions</b> (ATHP) co-mentors with <b>Biology</b> – 16 students participated this year (Stacia Reader, Elyse Gruttadauria and Seher Atamturktur); <b>Global Initiatives Program</b> (Mary Lou McNichol); collaboration with <b>Biology</b> for HLT 20/BIO 20 assessment project.</li><li>• <u>Community Outreach</u>: <b>Run the Bronx</b> subcommittee and faculty participation May 6, 2017; Dance Workshop Performance – <b>BCC Architecture and Arts Festival</b>, Oct 16th, 2017.</li><li>• <u>External Agencies</u> : Fitness workshops for staff and families <b>Featherbed Lane Improvement Association</b> (Drug Prevention and Intervention Program servicing Youth and Families).</li></ul>
<p><b>9. Summary of Assessment/Program Review</b> (Goal 3: Deepen Student Learning, Goal 5: Cultivate 21<sup>st</sup> Century Curriculum)</p> <ul style="list-style-type: none"><li>• Completed program assessments for Dietetics and Nutrition, Therapeutic Recreation and Public Health</li><li>• Developed program learning outcomes for Exercise Science and Kinesiology</li><li>• Uploaded course syllabi and program learning outcomes into Taskstream</li><li>• Held Advisory Board meeting for Community Health Certificate</li><li>• Course assessments completed for PEA 51, REC 93, REC 94, HLT 91, HLT 94</li></ul>
<p><b>10. Faculty Hires/Retirements/Other</b></p> <ul style="list-style-type: none"><li>• College Lab Technician Hired for HPER started Fall 2016</li><li>• Dr. Suzan Moss, sabbatical 2016-2017</li></ul>
<p><b>11. Curriculum Development, Modifications, Enhancements</b> (Goal 3: Deepen Student Learning, Goal 5: Cultivate 21<sup>st</sup> Century Curriculum)</p> <ul style="list-style-type: none"><li>• Developed unified syllabus for PEA 12 – Hatha Yoga</li><li>• Created OER for PEA 11 – Fitness for life</li><li>• Revised Exercise Science and Kinesiology Program to replace PEA 15 – Walking, Jogging and Weight Training with PEA 11 – Fitness for Life</li></ul>
<p><b>12. Additional accomplishments; Areas in Need of Attention/Improvement</b></p> <ul style="list-style-type: none"><li>• Last year's Annual Plan included improvement of job linkages and opportunities for students. Efforts included: emailing job opportunities to students, posting jobs, and specific linkages for students participating in the Academy for Transitions to Health Professions. However, we would like to improve on this for 2017-2018 and collaborate with the Career and Job Services office to better meet the needs of our students.</li><li>• Alumni Gym Building – we hope the pool opens in Fall 2017 and we look forward to our front entrance being usable again!</li></ul>