If you have been the witness to an incident or experienced a difficult event, it may be helpful to reach out for support or information. The links below provide several suggested resources both at Bronx Community College and outside of the college that may assist you.*

RESOURCES AVAILABLE ON CAMPUS:

The Office of Personal Counseling
The Office of Personal Counseling (OPC) aims to assist students with emotional, developmental or psychological concerns that may be interfering with their personal and/or academic growth. OPC provides free, confidential, short-term counseling to help students find healthy ways to cope with college and life stressors in order to enhance their personal growth and support their academic focus at BCC.

The Office of Personal Counseling is located in Loew Hall, room 430, 718-289-5223 or 718-289-5100 x3222.

The Office of Health Services
The Office of Health Services seeks to identify, address and provide accessible health care to BCC’s student body and to improve the health care status of the student body, as well as the surrounding community.

The Office of Health Services is located in Loew Hall, room 101, 718-289-5858.

The Office of Disability Services
The Office of Disability Services provides access and equal educational opportunities for students with disabilities, enabling them to succeed academically, socially and professionally. We accomplish this by working collaboratively with students, faculty and staff to determine the appropriate adjustments necessary to address their individual learning needs.

The Office of Disability Services is located in Loew Hall, room 211, 718-289-5874 or 718-289-5880.

Single Stop
Single Stop provides BCC students and their immediate families with access to benefits and services that help students stay in school and graduate. Whether it is afterschool programs, health insurance, legal advice, debt solutions, childcare or government benefits, they can help to identify the services that are available to you.

Single Stop is located in Loew Hall, room 125, 718-289-5840 or 718-289-5179.
EXTERNAL RESOURCES & HOTLINES:

Mental Health Association of New York City
www.mhaofnyc.org
1-800-LIFENET

National Sexual Assault Hotline
1-800-656-HOPE (4673)

National Suicide Prevention Hotline
www.suicidepreventionlifeline.org
1-800-273-TALK (8255)

Planned Parenthood of New York City
www.plannedparenthood.org
1-800-230-PLAN (7526)

Rape, Abuse & Incest National Network (RAINN)
www.rainn.org

Safe Horizon
(Support for victims of domestic violence, child abuse, human trafficking, rape and sexual assault, as well as homeless youth and families of homicide victims)
safehorizons.org
1-800-621-HOPE (4673)

Substance Abuse and Mental Health Services Administration (SAMHSA)
www.samhsa.gov
1-800-662-HELP (4357)

The Trevor Project (LGBT Lifeline)
www.thetrevorproject.org
1-866-488-7386

Veterans Crisis Line
www.veteranscrisisline.net
1-800-273-8255 Press 1

*Disclaimer: All external resources listed are suggested for your consideration, however Bronx Community College (BCC) does not maintain a relationship with any of these organizations, nor does BCC accept responsibility or liability for any contact or services provided. Any views expressed are solely those of the organization and do not in any way represent the views of BCC.