DIETETICS AND NUTRITION SCIENCE
Associate in Science Degree | Joint Degree Program
Department of Health, Physical Education and Recreation

Program Description
The mission of the Dietetics and Nutrition Science program is to prepare students for transfer to a baccalaureate degree program at a 4-year university or college by providing them with introductory level coursework in health and human nutrition, including the role of food choices as well as food policy in preventing disease and promoting optimal health.

Dietetics and Nutrition Science specialists are employed in health and human services settings such as hospitals, nursing homes, adult care facilities, youth agencies, schools and food service establishments. This is a rewarding career for those who are interested in preventing disease and treating illness in individuals and communities through promotion of healthy eating habits.

The Dietetics and Nutrition Science Associate in Science (AS) degree program is a dual/joint degree program with Lehman College’s B.S. degree program in Dietetics, Foods and Nutrition. However, please note the conditions below.

Upon successful completion of the curriculum at Bronx Community College, students will have two options in Lehman College’s Dietetics, Foods and Nutrition Program:

OPTION I: Dietetics, Foods and Nutrition. This option is for students who wish to become a Registered Dietitian/Nutritionist. Students MUST have a 3.0 GPA or higher and a grade of at least a "B" in the major courses to apply for the program. Students who complete this program can apply for an ADA-accredited dietetic internship. Completion of the internship enables the student to become eligible to take the registration examination in dietetics to become a Registered Dietitian (RD).

OPTION II: Food Service and Nutrition. Students can transfer to this program with a GPA of 2.5 and above. Students will be required to repeat any major course in which they earned a grade of D.

This program concentrates in foods, food service and nutrition for students interested in serving the needs of the food service industry. These professionals may be involved in restaurant catering, community food service and corporate food service.

Learning Outcomes
Upon successful completion of the Dietetics and Nutrition Science degree program requirements, students will be able to:

1. Identify and analyze strategies for promoting health and preventing disease through nutrition and other lifestyle choices.
2. Examine the physical, psychological, social, and cultural influences on food choices and other health behaviors.
3. Locate, analyze and evaluate current health/nutrition information for accuracy and reliability.
4. Effectively communicate health/nutrition information through written assignments and oral presentations.
5. Describe the impact of economic, social and physical factors in contributing to health disparities in the US or in comparison to other countries.
• HLT 99 Health of the Nation (2 Credits)
• HCM 11 The U.S. Health Care Delivery System (3 Credits)
• PEA 51 Stress Management (2 Credits)
• PSY 113 Introduction to Psychology (0-3 Credits)
• SOC 113 Sociology (0-3 Credits)

SUBTOTAL 28

1 Students in this curriculum are strongly advised to take MTH 23 to fulfill required Core Area B.
2 The program has been given a waiver to require its students to take BIO 23 to fulfill Required Area C and BIO 24 to fulfill Flexible Area E in the Flexible Core.
3 If this course satisfies a Flexible Core Area, free elective credits may be taken.

NOTE: At least two courses must be taken from a list designated as “Writing Intensive.”