

LIBERAL ARTS AND SCIENCES

Associate in Arts Degree | Transfer Degree | Department of Social Sciences

Program Description

Liberal Arts and Sciences: Human Services Option

The Liberal Arts and Sciences curriculum prepares a student to be an accomplished and productive human being. A liberal arts degree opens doors to the professions and to rewarding and responsible careers. Future physicians, teachers, scientists, lawyers and businesspeople, for example, develop themselves as well-rounded individuals, in addition to completing their pre-professional work. The academic experiences in liberal arts and sciences provide the foundation for later specialization, graduate study and professional school. The Human Services Option offers students a general overview of the human services.

Learning Outcomes

Upon successful completion of the Liberal Arts and Sciences program requirements, students will be able to:

1. Demonstrate a broad knowledge base from the humanities, social sciences and natural sciences.
2. Evaluate and analyze a range of artistic, historical, literary and philosophical works.
3. Examine the formation of individual and group behavior, and social institutions and processes.
4. Develop an ability and a cultural context for communication in a language other than English.
5. Communicate effectively through written and oral forms.
6. Demonstrate informed critical thinking.
7. Engage in quantitative reasoning and scientific inquiry.
8. Demonstrate an awareness of diverse cultures.

Upon successful completion of the Human Services Option requirements, students will be able to:

1. Use basic intervention process skills, which include the beginning ability to establish empathic relationships while providing direct services to individuals, families, groups and communities.
2. Use generalist planning skills, which include the ability to analyze client's needs, develop and implement a treatment plan, as well as to determine the effectiveness of service(s) provided.
3. Use information management skills, which include the ability to gather, assess client data, prepare and maintain adequate services records, and to utilize resources in order to address client needs.

4. Using self-awareness and self-assessment skills, which include techniques that promote the ongoing personal and professional development necessary to be an effective and non-judgmental human services worker.

LIBERAL ARTS AND SCIENCES CURRICULUM (PATHWAYS)

60 Credits required for AA Degree

Required Core

- A. English Composition (6 Credits)
- B. Mathematical and Quantitative Reasoning (3 Credits)
- C. Life and Physical Sciences¹ (3-4 Credits)

SUBTOTAL 12-13

Flexible Core

- A. World Cultures and Global Issues (6 Credits)
- B. U.S. Experience in its Diversity (3 Credits)
- C. Creative Expression (3 Credits)
- D. Individual and Society (3 Credits)
- E. Scientific World² (3 Credits)

SUBTOTAL 18

Major Requirements

NOTE: Students will complete a minimum of six credits of these requirements within the Flexible Core. Transfer students who have completed Common Core requirements at a previous institution will not be required to complete credits in excess of the 60-credit requirement.

- ART 11 Introduction to Art History *OR*
ART 11 the Americas, Asia and the Middle East *OR*
MUS 11 Introduction to Music *OR*
MUS 12 Introduction to Music: A Multi-Cultural Survey of World Music (0-3 Credits)
- COMMUNICATIONS COMM, THEA, FILM, MEST (0-3 Credits)
- ENGLISH³ (0-3 Credits)
- HISTORY Select ONE from HIS, GEO, PHL (0-3 Credits)
- SOCIAL SCIENCE Select ONE from ANT, CRJ, ECO, POL, PSY, SOC (0-3 Credits)
- WORLD LANGUAGES^{4,5} Select two courses from same language at appropriate level (e.g., ARB, FRN, ITL, JPN, POR, SPN) (0-6 Credits)

Additional Major Requirements

- Free Electives (0-10 Credits)
- PEA Physical Education *OR* HLT 91 Critical Issues in Health (1-2 Credits)
- Science Lab¹ Science Laboratory (0-1 Credit)

Human Services Option Requirements

- HSC 10 Social Welfare Institutions (0-3 Credits)
- PSY 11 Introduction to Psychology (0-3 Credits)
- SOC 11 Sociology (0-3 Credits)
- SOC 35 Introduction to Social Work (3 Credits)

SUBTOTAL 29-30

¹ Students may select either a 4-credit STEM variant science course or a 3-credit science course to fulfill Required Core C. Students selecting a 3-credit course must also complete an additional 1-credit lab course to fulfill graduation requirements.

² It is recommended that Human Services students take at least ONE course in Biology.

³ Choose any ENG course from ENG 120-199.

⁴ World Language courses taught in English (e.g., ITL 123) do not satisfy this requirement.

⁵ Some languages (e.g., French and Spanish) require placement testing prior to enrollment. Please contact the World Languages and Cultures Department for more information.

