



TRANSFER TALK

BRONX COMMUNITY COLLEGE OFFICE OF TRANSFER SERVICES

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LOOKING FORWARD

10TH ANNIVERSARY ISSUE

PSYCHOLOGY AND BEYOND

By Edwin Roman, Academic and Transfer Resources Coordinator

Sometimes the path to a profession is not immediately evident. I have often been asked by students what kind of job they can get with a degree in psychology. The first thing I convey is that a college education is not job training. Education prepares you to adapt and grow and is not meant to be specialized. Nursing, for example, is not as specialized as you might think. Yes, all nursing students complete coursework in anatomy, physiology, chemistry, pharmacology, microbiology, and the nursing process, but their clinical education also exposes them to work in different areas and a variety of health care settings. Psychology also prepares students to work in different areas and settings.

Psychology is the study of the human mind and its behaviors. According to *The University of Chicago Magazine*, it is one of the most popular majors among college students. The American Psychological Association notes that the share of college students majoring in psychology is around 6%. The National Center for Education Statistics reported that psychology is the fourth most popular college major, with more than 100,000 bachelor's degrees granted in the major each year and not necessarily because psychology majors plan to become psychologists.

Students majoring in psychology take courses in research methods, statistics, and core areas such as cognition, development, and social psychology. Students learn to assess arguments, communicate effectively, and critically think. These skills are very attractive to employers. Inventor and Apple Computers co-founder Steve Jobs once noted that for technology to be superb, "...it's technology married with lib-

eral arts, married with the humanities, that yields the results that make our hearts sing." Of course, it is important to plan for your career throughout your time as a student to also understand how your skills and experiences prepare you with regards to the transferable skills of this major.



The exploration of diverse perspectives and theories fosters the ability to empathize with others and create stronger interpersonal connections

The Center for Workforce Studies of the American Psychological Association estimates that 73% of psychology majors will use the knowledge and skills they acquired in some kind of workforce job after graduation. A bachelor's degree in psychology can serve as a useful gateway to numerous career opportunities in many fields notably in the human and social services sector. Typical jobs for psychology majors include case manager, childcare provider, disability specialist, human services specialist, human resources assistant, and rehabilitation specialist. Indeed.com notes other positions in business such as customer service representative, market researcher, and public relations.

According to a recent study by the American Psychological Association, around 3.5 million people in the United States earned a bachelor's degree in psychology with around 14% also holding a graduate degree in the field. Graduate school and licensing are necessary for students who want to work as psychologists, school counselors and therapists. Psychology degree-holders can also apply to graduate programs in business, law, and medicine, as well as other applicable fields, as psychology provides a solid educational base to build upon.

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When I was researching this article, I found a lot of articles conveying that the psychology major is a chance for extraordinary personal growth --- to learn more about yourself, others, and the world at large. I agree! The exploration of diverse perspectives and theories fosters the ability to empathize with others and create stronger interpersonal connections.

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THANK YOU TOM BRACKEN

Thomas Bracken, Transfer Specialist, retired in February of 2025 after 22 years with Bronx Community College. Tom started out in the Office of Admissions and later came to the Office of Transfer Services to advise students, and coordinate events such as the Transfer Fair. Tom also launched the Nursing Transfer Fair. Tom will be missed and we wish him all the best in his future endeavors.



ART AND PSYCHOLOGY

By Edwin Roman,
Academic and Transfer Resources Coordinator

Mention the artist Vincent Van Gogh, and often the first thing that comes to mind is that he famously cut off part of his left ear: a creative individual who transformed his mental illness and poverty into creativity. The tortured artist is a well-worn and irresponsible trope fetishizing mental health issues to foster the idea that suffering is a necessity of artistic greatness. However, art and creativity are indeed important outlets for mental health.

Art therapy, according to the American Art Therapy Association, is "a mental health profession that enriches the lives of individuals, families, and communities through active art-making, creative process, applied psychological theory, and human experience within a psychotherapeutic relationship." Art therapists are clinicians with master's-level or higher degrees trained in art and therapy that serve diverse communities in different settings that includes schools, medical institutions, and wellness centers.

According to the New York State Department of Education Office of Professions, the practice of Creative Arts Therapy and use of the titles "Creative Arts Therapist" and "Licensed Creative Arts Therapist" or any derivative thereof within New York State requires licensure as a Creative Arts Therapist. The education requirement for licensure as a Creative Arts Therapist can only be met through completion of graduate level courses at an acceptable degree granting institution.

NYU offers an M.A. in Art Therapy. According to their admission requirements, you must have completed a minimum of 18 credits in studio art, 12 credits in psychology, and 30 credits in the behavioral or social sciences and/or liberal arts disciplines. You are also expected to show proficiency in the basic area of the visual arts including figurative drawing, painting, and clay modeling.

For BCC students interested in pursuing this career path, the AA in Liberal Arts, Studio Art option is recommended with completion of the following Pathways requirements: MTH 23 for Mathematical and Quantitative Reasoning; BIO 21 for Life and Physical Sciences; ART 11 for Creative Expression; PSY 11 for Individual and Society; and BIO 20 for Scientific World. For the Studio Art Option Requirements electives, Art 24, 26, and 32 or 41, or 82 are recommended. It is also recommended that students then transfer to a four-year school majoring in Psychology with a minor in Studio Art.

ARTICULATION AGREEMENTS & OTHER PARTNERSHIPS

An **articulation agreement** is an agreement between two schools that helps course credit at one school to be accepted or transferred and applied toward a degree at another school.

A **joint degree program** agreement stipulates that following successful completion of the associate degree program and graduation from Bronx Community College, students will be automatically accepted into the specified baccalaureate program of the named senior college.

A **memorandum of understanding (MOU)** is an agreement between institutions that expresses an agreed course of action and conditions under which the receiving institution will accept students for matriculation.

BCC Associate in Art, Liberal Arts, Psychology Option to CUNY School of Professional Studies Bachelor of Arts, Psychology (Articulation Agreement)

About the Program

The CUNY SPS BA in Psychology online degree program focuses on scientifically studying the human mind and behavior. Throughout the program, students also gain a solid foundation in research methodology, motivation, learning, social behavior, and development that they can apply toward a variety of careers in psychology and related fields as well as graduate studies. Students learn how to conduct research, interpret behavioral situations, and communicate effectively while developing sociocultural and international awareness. Students select one of three tracks for their advanced coursework: Organizational Psychology, Psychological Development, or Psychopathology.

The BA in Psychology program is an excellent foundation for a variety of careers including those in human and social services, management and business, marketing and market research, health care, and government. This program also offers the essential knowledge and training typically required for admission to graduate programs in psychology. Students interested in graduate professional programs in the law, international development, and administration will benefit from the program's strong emphasis on critical thinking, ethics, and multiculturalism.

Advising notes

BCC students must possess a minimum GPA of 2.5 and have a minimum grade of C in all psychology courses. Students are advised to complete MTH 23 or MTH 23.5 in the Mathematical & Quantitative Reasoning Pathways Required Core requirement.

CUNY SPS also requires an admissions essay with the application. Students are encouraged to complete the transfer application at the beginning of their final semester and may connect with Transfer Services for assistance.

See all of BCC's articulation agreements and partnerships on the Transfer Services website:

<https://www.bcc.cuny.edu/campus-resources/transfer-services/transfer-agreements/>

TRANSFER SERVICES EVENTS AND WORKSHOPS



The Office of Transfer Services offers an array of events and workshops that includes:

- The Transfer Fair
- Transfer Planning Workshop
- Four Year College On-Campus Tabling
- Scholarship 101 Workshop

Please visit our website and click on the links for Events and/or Workshops for dates and times.

<https://www.bcc.cuny.edu/campus-resources/transfer-services/>



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Transfer Services provides students with services to inform and facilitate transfer to appropriate senior colleges.

Transfer Services can help you:

- Understand the educational paths that will move you toward your intended career
- Ensure that your degree program is consistent with your objectives
- Select courses to maximize the number of credits transferred
- Take charge of your planning for transfer by teaching you how to conduct research
- Understand the benefit of articulation agreements

Transfer Services addresses student needs via advisement, coordination of the transfer fair, the *Transfer Talk* news-letter, videos, and workshops.

TRANSFER PLANNING: WHAT TO DO AND WHEN TO DO IT

The primary reason for early and continuous transfer planning is to ensure that the desired degree program and curriculum are consistent with future career or educational plans. Waiting until the last semester may limit options. Articulation agreements and other partnerships are excellent tools for transfer planning because they provide a course of action for students, including an outline of the most appropriate courses to schedule.

0-12 Credits

- **Read the College Catalog** (students are responsible for knowing what their degree entails).
- **Explore Pathways course options.** (Pathways is CUNY's general education)
- Visit Career Development to **explore career options and their requirements.**
- **Read articulation agreements.**
- Become familiar with DegreeWorks, CUNYfirst, and **Transfer Explorer.**
- **Attend a Transfer Planning workshop.**
- Select your degree program.

13-24 Credits

- Attend the Transfer Fair.
- **Check for new articulation agreements.**
- Visit college websites.
- **Check your progress on DegreeWorks.**
- Visit Career Development and **write your resume.**

25-35 Credits

- Attend the Transfer Fair.
- **Attend a Scholarship Workshop.**
- Explore transfer options.
- Attend senior college open house events.
- **Begin scholarship search.**
- **Check your progress on DegreeWorks.**
- Check for new articulation agreements.

36-45 Credits

- **Check your progress on DegreeWorks.**
- **Update your resume.**
- Attend the Transfer Fair.
- **Apply for scholarships.**
- Check for new articulation agreements.

Final Semester

- **Apply for graduation.**
- **Send applications.**
- Apply for financial aid and scholarships.
- **Attend orientation at your new school.**

TRANSFER APPLICATION ESSENTIALS

BCC CEEB Code: 2051

Get other college and high school CEEB codes at
http://www.suny.edu/Student/apply_tables_codes.cfm

CUNY Priority Application Deadlines:

Spring Admissions: September 15
Fall Admissions: February 1

CUNY Transfer Application is available on-line at **www.cuny.edu**. You will need your CUNYfirst log-in information to complete application.

CUNY Application Processing Center: 212.997.CUNY

SUNY Recruitment Response Center: 1.800.342.3811

- **Students should be mindful that good grades are an important part of transferring to the institution or program of choice.**
- **Students transferring to a CUNY four-year college should check if there are specific grade requirements for courses as well as for the program of choice.**
- **Students applying to a CUNY four-year college should also note that if more than one college was attended, the GPA for admissions will be determined through a combination calculation of all attempted coursework.**

TRANSFER SCHOLARSHIPS

Be sure to visit the page on our website that details everything you need to apply for scholarships including CUNY, SUNY, and prestigious scholarships as well as searches, book recommendations and video workshops.

<https://www.bcc.cuny.edu/campus-resources/transfer-services/transfer-scholarships/>